

Agenda item:

Title of meeting: Health and Wellbeing Board
Date of meeting: 2nd December 2015
Subject: Progress of the Wellbeing service
Report by: Director of Public Health
Wards affected: All

1. Requested by Health and Wellbeing Board

2. Purpose

- 2.1 To update the Health and Wellbeing Board on:
- a. progress of the new integrated wellbeing service
 - b. the role and strategic priorities of the Wellbeing service within the wider health and social care system

3. Background Information

- 3.1 The implementation of this Wellbeing service, as part of the 2014 - 2017 Health and Wellbeing Strategy as well as the prevention work stream for the Better Care programme (BCF) has been successfully launched on **1st October 2015.**
- 3.2 The new service helps and supports residents with the key lifestyle issues that contribute to significant health risks like smoking, alcohol misuse, poor diet and lack of exercise as well as support around mental and emotional wellbeing on a holistic and client centred approach.
- 3.3 The service also works with local communities to increase their self-help and self-reliance using an empowering approach.

4. Progress of the new wellbeing service

- 4.1 The transition of work and handover of clients from previous providers, Pompey Quit, Solutions4health, the Health trainers and the redeployment of the alcohol service has been relatively smooth with no negative feedback from stakeholders
- 4.2 We had a soft launch on 1st October to manage capacity and to better understand the needs for the service in order to shape the service.

- 4.3 In Spring 2016, the service will be officially launched using the local version of the Public Health England national branding.
- 4.4 Majority of staff are now in post with a Service Manager, 4 Practice Leads and 28 (26fte) wellbeing staff in North, Central, South localities focusing on deprived neighbourhoods and a mobile team covering hospitals, Jobcentre Plus and probation. We have 18 new starters. One administrative apprentice has been in post for 2 months and 3 Health and wellbeing apprentices are starting end of November 2015.
- 4.5 Surgeries are being held in GP practices, community centres and libraries.
- 4.6 A total of 419 referrals have been made to the service from 1st October 2015 to 13th November 2015. 223 are from GPs (53%), 81 from self (19%) and the rest from other referrals. As on 17th November, out of 180 active cases, 90 are for smoking cessation, 59 for Healthy Weight and 31 for alcohol support.
- 4.7 Through triage process, clients are offered appropriate type of support including receiving support elsewhere. There are 180 clients are supported in the Wellbeing service during the above period.
- 4.8 The service has a budget of £657,461 till 31st March 2016, of which £223,138 was transferred from the internal Alcohol Interventions Service. We had spent- £33,246 on capital costs and £141,648 staff salaries so far. The balance is £482,567.
- 4.91 Stage 1 of the training development programme consists of in house and external training (provided by North 51 and YMCA). Each worker has a core training package that meets their individual needs so that they can be signed off as competent in each of the three areas (Smoking, Alcohol, Healthy Weight).
- 4.9.2 Stage 2 is a staff skill audit, assessed through the supervision and Personal Development Review (PDR) process and training packages will be created that support the service and their individual development.
- 4.9.3 We are collecting baseline data and developing an evaluation plan in the next few months. We will review the service in 6 months time.

5 Role and strategic priorities for the Wellbeing Service

Portsmouth Integrated Services:



Community Development

Promoting healthy communities, safe neighbourhoods and healthy lifestyles

The Wellbeing Service sits in the Living Well hub and has close links with Better Start and Ageing Well hubs and is underpinned by Community Development work.

5.1 The key priorities for the next phase of the Wellbeing service are:

- a. Clear articulation of the role of the service in the Prevention agenda for Better care programme including Pre-diabetes and other long term conditions, Health Checks etc within the health and social care system;
- b. Aligning with other integrated teams and workstreams: Multidisciplinary Area Teams (MAT), Better Care Programme, including Independence and Wellbeing Team (IWT), Community Development, and Integrated Personal Commissioning (IPC);
- c. Embedding the community assets and social action approach in the service;
- d. Robust quality assurance for the service;
- e. Working out a strategy for the Service as part of the Portsmouth Blue Print

6. Key risks and issues

6.1 The service was established on 1st October and time is needed to embed the service. It is necessary to phase the development of medium and long term aspirations due to current capacity.

6.2 We are using the corporate policies and procedures and there is a need to develop bespoke procedures and further training for the service.

6.3 Our preferred IT system, System One is in the process of being established. Using an interim IT system, PharmOutcomes and a separate case management system means impact on capacity due to training and data migration.

Summary

The Wellbeing Service launched successfully from 1st October 2015 with a straightforward transition from existing services. We are working to ensure a quality, safe and effective service is provided to improve the health and wellbeing of Portsmouth residents and reduce the health inequalities.

Recommendations:

- The Board is asked to note the progress of the Wellbeing Service to date.
- The Board is to note the role and strategic placement of the Wellbeing Service within the Health and Social Care system

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Signed by: Director of Public Health

Background list of documents: Section 100D of the Local Government Act 1972

The following documents disclose facts or matters, which have been relied upon to a material extent by the author in preparing this report:

Title of document	Location